

Social and emotional wellbeing indicators underpin new Overview of Aboriginal & Torres Strait Islander health

31 March 2026

The Australian Indigenous HealthInfoNet's annual [Overview of Aboriginal and Torres Strait Islander health status 2025](#), launched today, provides a comprehensive summary of the most recent indicators of the health and wellbeing of Aboriginal and Torres Strait Islander people.

Australian Indigenous HealthInfoNet's annual *Overview of Aboriginal and Torres Strait Islander health status 2025* provides a comprehensive summary of the most recent indicators of the health, wellbeing and social and cultural determinants of Aboriginal and Torres Strait Islander people in Australia.

Continuing with the HealthInfoNet's commitment to principles of Aboriginal and Torres Strait Islander Data Sovereignty, this year's Overview is structured around the Social and Emotional Wellbeing model (Gee et al., 2014) to capture all aspects of Aboriginal and Torres Strait Islander health.

HealthInfoNet Director, Professor Bep Uink says "The indicators are based on an Aboriginal and Torres Strait Islander model of Social and Emotional Wellbeing and our Overview this year provides the most recent available statistics to capture all aspects of Aboriginal and Torres Strait Islander health. Data is presented on levels of connection to Country, community, culture, spirit and ancestors, family and kinship, and mind and emotions, alongside data on physical health. These additions capture the holistic and multi-faceted nature of health for Aboriginal and Torres Strait Islander people".

The Overview content provides only new updates from the previous year. Where no new data is available, the previous year's Overview can be referred to as the most up to date information on specific health indicators. The 2025 Overview is accompanied by a PowerPoint of key facts.

-end-

-END-

Spokesperson: **Professor Bep Uink** - HealthInfoNet Director - Ph: 08 6304 6155 | Mobile: 0416 442 495
Email: b.uink@ecu.edu.au

Media contact: **Tara Hoyne** - Development & Marketing Manager - Ph: 08 6304 6109 | Email: t.hoyne@ecu.edu.au

More information: The HealthInfoNet is a comprehensive Internet resource that informs practice and policy in Aboriginal and Torres Strait Islander health by making up to date research and other knowledge readily accessible. It contributes to closing the gap in health between Aboriginal and Torres Strait Islander peoples and other Australians. For over 27 years, working in the area of knowledge exchange with a population health focus, the HealthInfoNet makes research and other information freely available in a form that has immediate, practical utility for practitioners and policy-makers in the area of Aboriginal and Torres Strait Islander health, enabling them to make decisions based on the best available evidence. www.healthinfonet.ecu.edu.au