Core funding is provided by the Australian Government Department of Health.
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The Australian Indigenous HealthInfoNet acknowledges the Traditional Owners of the lands and waters of Australia and the Torres Strait.

We respect all Aboriginal and Torres Strait Islander people—their customs and their beliefs. We also pay our respects to Elders past and present, with particular acknowledgement to the Whadjuk people of the Nyoongar nation, the traditional owners of the lands where our offices are located.

Director’s Welcome

It is with great pleasure and considerable pride that I present the 2018 Annual Report for the Australian Indigenous HealthInfoNet. 2018 was in many ways a watershed year for the HealthInfoNet with many ambitious plans coming to fruition. In May we launched our new responsibly designed web resource, the jewel in the crown of our Digital Evolution Strategy. It had been clear to us for some years that the shift to responsive design was a pressing imperative. In a rapidly changing technological and knowledge landscape our users expect high quality information that is timely, accessible and relevant to their everyday work. This means that they must be able to access it on a variety of mobile platforms such as their smart phone or tablet. I am particularly pleased that the project was completed largely ‘in house’ by our wonderful team led, for this project, by our IT Manager Renae Bastholm. Not only was this a huge cost saving, it also meant that the process was undertaken by those who know our resources best; our staff. We were also guided by extensive feedback provided by our users. A commitment to ‘in house’ build and design has been a hallmark of our Digital Evolution Strategy and while we still work closely for elements of our work with trusted external partners, we have developed an impressive set of skilled staff who innovate and create our suite of knowledge exchange products and resources to assist the Aboriginal and Torres Strait Islander health workforce.

2018 saw the release of many new knowledge exchange products and resources such as infographics, animations, eBooks, short films, webinars, fact sheets and podcasts to name a few. They represent a ‘coming of digital age’ for the HealthInfoNet. But all this does not happen in isolation. We are enormously grateful for the ongoing support from our thousands of users throughout Australia. Our Advisory Board honours its commitment to authentic, expert and culturally appropriate governance we constitute, as appropriate, Reference Groups to provide expert oversight of projects. The Alcohol and Other Drugs (AOD) Knowledge Centre Reference Group includes members from the Drug Strategy Branch of the Department of Health (the Knowledge Centre funding body), representatives from peak AOD bodies, the AOD workforce, AOD researchers, and others with expertise in relation to the various drugs of concern. Members are drawn from the states and territories of Australia and include Aboriginal and Torres Strait Islander representation. The composition of the group reflects the diversity of interests and expertise across the AOD sector to ensure a robust coverage of the field to best support the workforce; at the community level, community members working to reduce the harms of drug use, and programs and policy. The AOD Reference Group met face to face in 2018 with other ad hoc electronic meetings and email contact as required.

As part of our commitment to excellence in knowledge exchange research, in 2018 we established two new teams. The Impact and Evaluation Team oversees, as the names suggests, the impact and evaluation research designed to provide the evidence base for the theory and method of knowledge exchange research in Aboriginal and Torres Strait Islander health. The second team is the Knowledge Exchange Product Team which is responsible for ensuring a consistent and evidence based approach to the co-design, co-construction and co-production of our knowledge exchange materials and resources. In addition to the two new teams we also added a Social Media Coordinator to our staffing mix, to ensure that our social media presence was strategic and well planned to enhance our knowledge exchange activities.

To all my colleagues at the HealthInfoNet, this annual report is testament to your dedication and professionalism. Thank you.

So please enjoy our 2018 Annual Report. This year we have made it much more visual and engaging and I hope, of course, informative.

GOVERNANCE

The HealthInfoNet Advisory Board

The Advisory Board was formed in 2008 to provide expert strategic advice to the Director and Management Team of the HealthInfoNet, to assist in optimising our contributions to closing the gap between the health of Aboriginal and Torres Strait Islander peoples and other Australians. The Advisory Board comprises representatives of key stakeholder organisations and other members selected for their individual expertise.

Reference Groups

To ensure that the HealthInfoNet honours its commitment to authentic, expert and culturally appropriate governance we constitute, as appropriate, Reference Groups to provide expert oversight of projects. The Alcohol and Other Drugs (AOD) Knowledge Centre Reference Group includes members from the Drug Strategy Branch of the Department of Health (the Knowledge Centre funding body), representatives from peak AOD bodies, the AOD workforce, AOD researchers, and others with expertise in relation to the various drugs of concern. Members are drawn from the states and territories of Australia and include Aboriginal and Torres Strait Islander representation. The composition of the group reflects the diversity of interests and expertise across the AOD sector to ensure a robust coverage of the field to best support the workforce; at the community level, community members working to reduce the harms of drug use, and programs and policy. The AOD Reference Group met face to face in 2018 with other ad hoc electronic meetings and email contact as required.

HONORARY CONSULTANTS

The HealthInfoNet has developed over many years a network of Honorary Consultants. HealthInfoNet Consultants are leading experts in a wide range of Aboriginal and Torres Strait Islander health topic areas. Honorary Consultants provide expert advice, guidance and review of HealthInfoNet knowledge exchange products, as well as providing assistance to collect additional materials to be added to the HealthInfoNet database. They also act as an informal reference group. A key development in 2018 was a thorough review of the Consultants list to refresh the membership and to remove Honorary Consultants who were no longer available for a range of reasons. Each Consultant was allocated to a member of the HealthInfoNet research team who are responsible for maintaining regular contact with the Consultant.

https://aodknowledgecentre.ecu.edu.au/about/reference-groups/
Our Team

Administration
Director
Neil Drew

Business Manager
Pauline Louise Shanley

Administrative Officers
Sandra Rogers
Donna McFetridge

Administrative Assistant
Monique Cumming

Development and Marketing
Development and Marketing Manager
Tara Elizabeth Hoyne

Social Media
Social Media Coordinator
Emily Lloyd*

Library
Senior Library Technician
Graham Barker

Research
Senior Research Fellow
Uncle Mick Adams

Research Team Leaders
Jane Burns
Kathy Ride

Research Coordinators
Andrea MacRae
Christine Potter

Senior Research Officers
Anomie
Trish Amaranti
Sam Burrow
Michelle Elwell
Millie Harford-Mills
Miranda Poynton
Avinna Trzesinski

Research Officers
Vilma FitzGerald*
Jesse Fleay
Emma Neil*
Tamara Swann*

IT
IT Manager
Renae Bastholm

IT Officer
Rob Etherington

* New staff in 2018

Below: Staff cultural day out with ECU Elder Dr Noel Nannup.

Images of and around our building.
Our Projects

The Australian Indigenous HealthInfoNet receives funding from a variety of organisations and works collaboratively on projects that aim to provide information to people who are working, studying or interested in Aboriginal and Torres Strait Islander health.

By sharing expertise, the HealthInfoNet makes relevant, up-to-date, high quality knowledge and information easily accessible to:

- support capacity building and knowledge-informed decision-making within the workforce
- promote evidence-informed practice across sectors
- encourage greater integration between policy, practice and research.

Our core funding is provided by the Australian Department of Health and we also receive funding from other funders for specific projects.

THE AUSTRALIAN INDIGENOUS HEALTHINFONET

The Australian Indigenous HealthInfoNet receives ‘core’ funding from the Australian Department of Health to enable website coverage and knowledge exchange products mainly about chronic disease, nutrition and physical activity. The aim is to contribute to ‘closing the gap’ in health between Aboriginal and Torres Strait Islanders and other Australians by making knowledge of Aboriginal and Torres Strait Islander health readily available to the workforce. Up-to-date, relevant information can then be used to inform practice, policy, research, teaching and general community understanding.

The HealthInfoNet’s key functions in addressing this goal are to:

- collect relevant research and other information pertaining to the health of Aboriginal and Torres Strait Islander people
- collate, translate and synthesise the information gathered to create new and more accessible knowledge about Aboriginal and Torres Strait Islander health
- disseminate this knowledge, primarily via the internet.

THE ALCOHOL AND OTHER DRUGS KNOWLEDGE CENTRE

The Alcohol and Other Drugs Knowledge Centre is funded by the Drug Strategy Branch of the Australian Department of Health. The Knowledge Centre was established as a collaboration led by the HealthInfoNet in partnership with the National Drug Research Institute (NDRI), the National Drug and Alcohol Research Centre (NDARC) and the National Centre for Education and Training on Addiction (NCETA). The Knowledge Centre is committed to building the capacity of the Alcohol and Other Drugs (AOD) workforce, promoting evidence-informed practice across sectors, and encouraging greater integration between policy, practice and research.
OUR PROJECTS

TACKLING INDIGENOUS SMOKING WEBSITE

The Tackling Indigenous Smoking (TIS) program is managed and funded by the Australian Government Department of Health’s Indigenous Health Division. The National Best Practice Unit for Tackling Indigenous Smoking (Ninti One Ltd, the Health Research Centre at the University of Canberra and the HealthInfoNet) provides tailored support to organisations funded under the national TIS program. As a member of this consortium, the HealthInfoNet manages the TIS Website which provides evidence-based, relevant and up to date research, information and resources on smoking prevention and cessation.

PALLIATIVE CARE PORTAL

The HealthInfoNet is funded by Palliative Care Australia (PCA) to host a Palliative Care and End-of-Life Care Portal for a national health care audience. The Portal promotes resources about Aboriginal and Torres Strait Islander palliative care and end-of-life care. The target group includes, but is not limited to health service providers and other health professionals including: Aboriginal and Torres Strait Islander Health Workers; clinicians; allied health workers; community workers; and lay helpers.
OUR PROJECTS

HEALING PORTAL

The HealthInfoNet is funded by The Healing Foundation to develop and maintain a portal for people working in healing, health, justice, education, employment, child protection and family violence. The Healing Portal supports users by providing information and resources about healing and related issues. The Portal combines all the functions of a clearinghouse with additional benefits such as information on key facts, organisations, programs and projects, conferences and events and a yarning place.

PATSIMS PORTAL

The primary aim of the Preventing Aboriginal and Torres Strait Islander Maternal Smoking (PATSIMS) Portal was to provide the evidence-base to inform and support those working to reduce smoking among pregnant Aboriginal and Torres Strait Islander women. It provided a comprehensive collection of evidence-based resources on smoking cessation for pregnant women and mothers to a national audience. Funding for the PATSIMS Portal ceased in June 2018 and the information has been transferred to a section on Smoking and Pregnancy, in the AOD Knowledge Centre.

Core funding is provided by the Australian Government Department of Health.
OUR PROJECTS

ENVIRONMENTAL HEALTH PORTAL

Environmental health focuses on the physical, chemical, biological and social factors which affect people within their surroundings. The Environmental Health Portal is devoted to providing Indigenous Environmental Health Practitioners (IEHPs) and others in the environmental health sector with access to the evidence base to assist them in their vital work in Aboriginal and Torres Strait Islander communities. A new climate change section was added to the portal this year.

Core funding is provided by the Australian Government Department of Health

EYE HEALTH PORTAL

Together, the HealthInfoNet and The Fred Hollows Foundation are working to expand the information about Aboriginal and Torres Strait Islander eye health available on the Eye Health Portal. In addition, the HealthInfoNet and The Foundation are co-designing multimedia resources in multiple formats to meet the varied information needs and learning styles of different people working in the eye health sector.
OUR PROJECTS

WA STATE PORTAL

The WA State portal is more comprehensive than the HealthInfoNet’s coverage of other states and territories due to funding obtained from the WA Department of Health. This section includes information and links to: policies, programs and projects, health promotion and practice resources, publications, organisations, jobs, courses, funding and conferences. It also includes the WA State Yarning Place.

WOMEN’S YARNING PLACE

A Women’s Yarning Place was funded by the Monash Centre for Health Research and Implementation to March 2018. The aim of the Yarning Place is to build on one of the four key priority areas for the project; capacity building and leadership for girls and women to address the need for a national communication network, identified by researchers, clinicians, policy makers and women. The HealthInfoNet yarning places provide a free online community to connect those working in the area and provide the opportunity to share ideas, collaborate and network.

Artist: Samantha Snow and art titled ‘Women Sharing’
Knowledge Exchange Products

The HealthInfoNet aims to remain at the forefront of innovation and development in the provision of high quality, evidence-based materials to support the Aboriginal and Torres Strait Islander health workforce.

The HealthInfoNet’s digital evolution strategy is a multifaceted approach to innovation and design. In 2018, the digital evolution strategy was expanded to include a systematic process of review and evaluation. The evaluation will determine the optimal combination of knowledge exchange tools that can be developed in a cost effective manner with available resources. Our activities in this area are guided by a number of principles that ensure that the HealthInfoNet works in authentic partnership with Aboriginal and Torres Strait Islander people and other stakeholders including:

- engaging with users to co-design, co-construct and co-produce resources that meet the needs of users
- ensuring that we engage in culturally responsive and safe ways with all people
- striving to enact socially transformative, decolonising and socially just practice.

Resources produced as part of our digital evolution strategy include:

- reviews
- webinars
- short films
- eBooks
- short videos
- infographics
- podcasts.

THE KNOWLEDGE EXCHANGE PRODUCTS TEAM

The Knowledge Exchange Products Team (KEPT), established in 2018, aims to ensure that our knowledge exchange products (KEPs) are developed and maintained to a high standard and continue to meet stakeholder and staff needs and best practice standards. The team oversees the design of KEPs from their inception to launch, ensuring that there is a visual consistency for our KEPs and optimising their display on the website.
Introduction

Cancer is a major cause of illness in Australia and has substantial community impact [1]. Findings from the Australian Burden of Disease Study [2] indicated that cancer was the second leading cause of death among Australian adults (after circulatory disease) and was associated with substantial years of life lost. Cancer was diagnosed in 263,700 Australians in 2014–15, with an estimated 130,000 new cases expected in 2018 [3]. Cancer incidence rates were higher among Aboriginal and Torres Strait Islander (ATSI) people compared to the general Australian population [4]. In 2015, the cancer death rate in ATSI people was estimated to be 73% higher than in the general population [5].

The most common cancers diagnosed among Aboriginal and Torres Strait Islander people were non-melanoma skin cancer, prostate cancer, lung cancer and breast cancer. The most common cancers diagnosed in the general Australian population were prostate cancer, lung cancer, melanoma skin cancer and breast cancer [6].

Cancerous cells can arise from almost any cell, so cancer can occur almost anywhere in the body [4]. Different types of cancer are caused by a variety of different factors and other medical problems (which may or may not start in the lungs), are generally divided by the site in the body (for example, lung) or by the cell type involved (for example, basal cell carcinoma).

Throughout this review, it is important for readers to take into account that Aboriginal and Torres Strait Islander groups vary with regard to health status and the factors affecting their health. This is particularly important when interpreting the findings presented in this review. For example, the higher cancer incidence rates among ATSI people compared to the general population may reflect differences in exposure to cancer-causing factors, differences in susceptibility to cancer or differences in access to diagnosis and treatment. The higher incidence of non-melanoma skin cancer may reflect differences in skin pigmentation, differences in sun exposure or differences in access to skin cancer screening and treatment. The higher incidence of lung cancer may reflect differences in smoking rates, differences in exposure to other lung cancer-causing factors or differences in access to smoking cessation programs.

Executive summary

The review concludes that there is a need for further research to better understand the factors contributing to cancer incidence and cancer outcomes among Aboriginal and Torres Strait Islander people. It also highlights the importance of addressing the social determinants of health and the importance of providing culturally appropriate cancer services to ATSI people. The review concludes by discussing possible future directions for research and practice.

Respiratory Illnesses in Aboriginal and Torres Strait Islander children: contemporary challenges?

Presented by Dr Kerry-Ann O’Grady from Queensland University of Technology and Dr Kerry Hall from Griffith University.

The Overview of Aboriginal and Torres Strait Islander Health Status

Finding information and sharing knowledge on the Eye Health Portal

WEBINARS

The HealthinfoNet runs webinars about specific health topics and demonstrates how to effectively utilise the HealthinfoNet resource. Webinars can also include guest speakers. Recordings of the webinars are made available on the website.

Webinars in 2018 included:

- Respiratory Illnesses in Aboriginal and Torres Strait Islander children: contemporary challenges?

- The Overview of Aboriginal and Torres Strait Islander Health Status

- Finding information and sharing knowledge on the Eye Health Portal
KNOWLEDGE EXCHANGE PRODUCTS

Females ‘behaving badly’: violence, substance use and involvement with the criminal justice system
Presented by Dr Mandy Wilson and Ms Ngaire Pigram from the National Drug Research Institute (NDRI).

Creating pathways for Indigenous Australians to lead the way in alcohol research
Presented by Associate Professor Scott Wilson from the Aboriginal Drug and Alcohol Council of South Australia.

Tour of the new Alcohol and Other Drugs Knowledge Centre website

Drug testing: issues and implications for Indigenous workers
Presented by Professor Ken Pidd from the National Centre of Education and Training on Addiction (NCETA).

Testing programs

- Post-accident/incident testing
  - Screening those involved in accidents or near-miss incidents
  - Objective is to detect past drug use:
    - depends on accuracy of test technology used & timeliness of test
  - Limitations
    - cannot determine if drug use played a causal role
    - may lead to under-reporting of minor accidents & incidents.

Creating pathways for Indigenous Australians to lead the way in alcohol research

Presented by Associate Professor Scott Wilson from the Aboriginal Drug and Alcohol Council of South Australia.
KnowlEDGE EXCHANGe PRODUCTS

Alcohol and other drug treatment and the criminal justice system.
Presented by Dr Michael Doyle from the Centre for Research Excellence in Indigenous Health and Alcohol at the University of Sydney.

Tackling Indigenous Smoking, Quitskills cessation training, brief intervention, youth and pregnancy.
Presented by Lou Jayleigh and Peter Thomas from Quitskills.

SHORT FILMS
The HealthInfoNet and Indigenous Allied Health Australia (IAHA) are co-producing a series of films about Aboriginal and Torres Strait Islander allied health professionals to provide information from allied health students and graduates on their successes, challenges and career development.
The HealthInfoNet began filming at the National Indigenous Allied Health Australia Conference in November 2017, in Perth. The first film was launched at the International Indigenous Allied Health Forum, 30 November 2018, in Sydney.

EBOOKS
The eBook is a further development of the traditional PDF versions of the narrative reviews currently available and builds on the evidence that readers absorb more information when they engage more senses such as visual, auditory and kinaesthetic. eBooks, which may contain audio tracks, video and infographics, also allow for modifications such as personal notes to be added. eBooks can be accessed on digital readers.
The eBook version of the Review of the harmful use of alcohol among Aboriginal and Torres Strait Islander people published in 2018, provides an interactive, visually enhanced, online version of the narrative review.

VIDEOS
The HealthInfoNet creates short videos that provide a new learning opportunity about a health topic with links to the HealthInfoNet topic resources.
Videos in 2018 included:

Review of respiratory diseases among Aboriginal and Torres Strait Islander children
Review of the harmful use of alcohol among Aboriginal and Torres Strait Islander people
**Impact and Evaluation**

The HealthInfoNet established an Impact and Evaluation Team to systematically evaluate the processes and outcomes associated with the development of our web-based resources and knowledge exchange products.

The Team takes a participatory, utilisation focused approach to the implementation of its evaluation activities, and draws on relevant quantitative (google, social media and other metrics) and qualitative (feedback from people involved in the co-design of our products, as well as from those who use them) data to inform our work. Ethics approval has been received to undertake a broad range of evaluation activities. Findings will be published online and in peer-reviewed journals to contribute more broadly to current thinking around the use of web-based, multimedia, and printed resources for knowledge exchange within the Aboriginal and Torres Strait Islander health sector.

**Primary Research**

The HealthInfoNet staff are involved in a wide range of research projects. Primary research is headed up by Professor Neil Drew and Senior Research Fellow Dr Mick Adams.

The Lowitja Institute: Valuing Aboriginal and Torres Strait Islander Young Men, in partnership with Professor Len Collard (UWA) and Jack Bulman (Mibbinbah).

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**PODCASTS**

Each podcast episode is a story for and about the Aboriginal and Torres Strait Islander health workforce.

2018 podcasts

- **The Vision Van: delivering eye care in the outback**
  This episode featured an interview with Kerry Woods, the Aboriginal Eye Health Coordinator with Lions Outback Vision.

- **Preventing vision loss from diabetic retinopathy: advice from an Australian optometrist**
  This episode featured an interview with Sinead Denny, an optometrist and the Diabetic Retinopathy Screening Coordinator with Lions Outback Vision.

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**INFOGRAPHICS**

Infographics, or information graphics, are graphic visual representations of information, data or knowledge intended to present information succinctly, quickly and efficiently, and are particularly useful for sharing statistical and survey data.

2018 Infographics

- Key facts based on the Review of respiratory diseases among Aboriginal and Torres Strait Islander people.
- Key facts about Aboriginal and Torres Strait Islander people and alcohol use based on the Review of alcohol among Aboriginal and Torres Strait Islander people.

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**KERRY WOODS:** Okay. Um, so I’m a little bit about myself is I’m from Tasmania, so I’m Palawa, I’m not Indigenous. As a non-Indigenous health worker, I work with my colleagues at the Lions Outback Vision and my role is actually coordinating the diabetic retinopathy screening for the Aboriginal patients who travel outback of Western Australia.

**SINÉAD DENNY:** Sure. So my role is actually coordinating the diabetic retinopathy screening for the Aboriginal patients who travel to Western Australia.

**MIKAYLA HOLLOWS:** Hi everyone. As Sam just mentioned, my name is Mikayla and I am a Nyoongar from WA. I’ve been working in Aboriginal health for the last 28 years maybe in Victoria and here. My role at the Lions Outback Vision team is to coordinate Aboriginal patients to get to their appointments, surgery, follow-up care throughout the State.

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**Mick Adams:** It’s Jesse Fleay leading the Lowitja research project.

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**PREVENTING VISION LOSS FROM DIABETIC RETINOPATHY**

This episode featured an interview with Sinead Denny, an optometrist and the Diabetic Retinopathy Screening Coordinator with Lions Outback Vision.
COLLABORATIVE RESEARCH ENGAGEMENT WITHIN EDITH COWAN UNIVERSITY:


- Project Lead Associate Professor Natalie Ciccone. Yarning together: developing a culturally secure rehabilitation approach for Aboriginal Australians after Brain injury, Dr Michael Adams Co-Investigator. Funded by the Lowitja Institute.

POSTGRADUATE SUPERVISION:

- Charmaine Papertalk-Green, Ngatha Wangga (I talk): Translation of knowledge to improve the lives of Yamaji.

- Jack Bulman (Masters, Uni Melbourne) Yarning, hope and healing for our men and women. Using the First 1000 Days Australia Model to support males make positive life transitions.

EXTERNAL RESEARCH COLLABORATIONS

- Curtin University - Healthway Exploratory Research project: Increasing Aboriginal people’s use of services that reduce harm from illicit drugs. Dr Mick Adams.

- National Drug Research Institute, Curtin University - Developing a culturally appropriate online toolkit to prevent crystal methamphetamine (‘ice’) related harms among Aboriginal and Torres Strait Islander people (Phase 1). Phases 2-3 will be lead by the Centre for Research Excellence in Mental Health at UNSW (now the Matilda Centre at University of Sydney) Dr Mick Adams and Professor Neil Drew Co-Investigators and Members of the Expert Advisory Group.

- Meruies Research Centre - The Lowitja Institute: Valuing Aboriginal and Torres Strait Islander Young Men. Dr Mick Adams and Jesse Fleay.

- Charles Darwin University - Health literacy among young Aboriginal and Torres Strait Islander males in the Northern Territory. Professor Barry Judd (Charles Darwin University) - Chief Investigator, Dr Mick Adams – Chief Investigator.

REFERENCE OR ADVISORY GROUPS: DR MICK ADAMS

- Chairperson – Andrology Male Health Aboriginal and Torres Strait Islander Advisory Committee

- Membership of the expert Indigenous Leadership Group - Chair of Health literacy among young Aboriginal and Torres Strait Islander males in the Northern Territory

- Ambassador Safer Families Centre of Research Excellence

- Member Editorial Board, ab-Original: Journal of Indigenous Studies and First Nations’ and First Peoples’ Cultures (Penn State University Press)

- Australian Men’s Health Forum Aboriginal and Torres Strait Islander Male Health Convention Committee

- Member Cancer Council WA

- Member NACCHO Ochre Day Conference Committee

- Member Mayi Kuwayu Study – ANU National Centre for Epidemiology and Population Health Research

- Member WA Register of Developmental Anomalies – Cerebral Palsy

Publications

Overview of Aboriginal and Torres Strait Islander health status 2017

Summary of Aboriginal and Torres Strait Islander health status 2017

Review of nutrition among Aboriginal and Torres Strait Islander people

Review of programs and services to improve Aboriginal and Torres Strait Islander nutrition and food security

Review of cancer among Aboriginal and Torres Strait Islander people

Review of eye health among Aboriginal and Torres Strait Islander people

Review of respiratory diseases among Aboriginal and Torres Strait Islander children


CONFERENCES PRESENTATIONS


Trzesinski, A. (2018), ‘Aboriginal and Torres Strait Islander knowledge translation: AOD resources for improved practice’ at the Northern Territory Alcohol and Other Drug Sector Conference, Darwin NT, 12 April

Bums, J. (2018), ‘How can the Australian Indigenous HealthInfoNet assists nurses who care for Aboriginal and Torres Strait Islander people?’ at the APNA Conference: Nurseforce for the Future, the 10th Annual National Conference for nurses working in primary health care, Brisbane Qld, 11-12 May

Trzesinski, A. (2018), ‘Indigenous Knowledge Translation: AOD resources for improved practice’ at the Australian and New Zealand Addiction Conference, Gold Coast Qld, 28 May

Harford-Mills, M. (2018), launched The New climate change section of the Environmental Health Portal, at the Environmental Health Australia National Conference, Perth WA, 1 November

Elwell, M. (2018), The new features of the HealthInfoNet and Eye Health, Queensland Health Worker Forum, Birtinya Qld, 14 November

Trzesinski, A. (2018), Avinna Trzesinski ‘Supporting AOD workers as they respond to complex health and social needs’ at the 5th National Indigenous Drug and Alcohol Conference in Adelaide SA, 8 November

Ride, K, Trzesinski, A. (2018), facilitated an AOD Knowledge Centre workshop at the 5th National Indigenous Drug and Alcohol Conference in Adelaide SA, 8 November

Elwell, M. (2018), The Healing Portal and Yarning Place at the Healing our Spirit Worldwide conference, Sydney NSW, 28 November

Drew, N. (2018) Launch IAHA short film, the IAHA Forum in conjunction with the launch of a short film about the workforce, Melbourne Vic, 30 November

The Australian Indigenous HealthBulletin

The purpose of the Australian Indigenous HealthBulletin (HealthBulletin) is to facilitate access to information of relevance to Australian Indigenous health. Reflecting the wide range of users – policy makers, service providers, researchers, students and the general community – the HealthBulletin attempts to keep people informed of current events of relevance, as well as information about recent research. Research information is provided in two ways – the publication of original research and the presentation of abstracts of research published or presented elsewhere. The HealthBulletin is published online as a HealthBulletin ‘in progress’, to allow readers to have access to information as it becomes available, rather than have material waiting ‘behind the scenes’ until the next publication. There are four editions published per year with each edition running continuously for three months. In 2018, the HealthBulletin published the HealthInfoNet Overview and health topic reviews and many articles.

Articles included:

- Public health action through community partnership: Epidemiological and cultural insights after the 2015-2016 mumps outbreak in the Kimberley, Western Australia
- Musculoskeletal injuries and the effects on quality of life and social and emotional well-being in an Australian Aboriginal population
- Beyond an outbreak response: monitoring a sustained effect from healthy skin promotion in a remote Aboriginal community in the Kimberley
- Women and girls in remote Indigenous Australian communities: cultural, financial and knowledge barriers to menstrual hygiene management.
2018 Health Bibliography

We provide a comprehensive repository of resources in our easy to search database. These include journal articles, reports, grey literature, policies and resources. The Bibliography also provides a valuable archive of resources for the sector.

AT THE CONCLUSION OF 2018 WE HAD

34,788 PUBLICATION ENTRIES

CLOSE TO 2,000 WERE ADDED IN THAT PERIOD.

The HealthInfoNet Responsive Website

The human data ecosystem is unimaginably vast. Now more than ever there is a need for a comprehensive system of data management to facilitate access to high quality information in a way that is timely accessible and relevant.

The jewel in the crown of the HealthInfoNet Digital Evolution Strategy was the launch in May 2018 of the completely redesigned responsive websites for both the main HealthInfoNet resource and the Alcohol and Other Drugs Knowledge Centre. Responsive design means that the website can be optimised for viewing on a range of mobile platforms such as smart phones and tablets. This process included not only a redesign of the visible ‘front end’ of the website but also a substantial redesign of the underlying data management system known as the ‘backend’. The backend is the engine room that houses all the information in our custom designed content management system and also the search and other procedures and protocols that makes the information accessible to users in a timely and user friendly manner. Our new evidenced-based responsive design was the result of an in depth review of site heat mapping and analytics, a national user survey and extensive collaboration with users and other stakeholders across the country. This has resulted in the design of a cleaner, visual and more accessible site.
Responsive design means that the website can be optimised for viewing on a range of mobile platforms such as smart phones and tablets.

What our users said:

“The changes are fantastic – the information on this site has been critical in advocating for culturally safe practice in the mainstream service sector. Thank you for the thought given to the communication.”

“Looking for information about Aboriginal and Torres Strait Islander eye health. Couldn’t suggest anywhere better to start your search. Loving the new look.”

“It is beautiful and affirming.”

“The website looks fantastic! Can’t believe you were able to do it in house – impressive!!

I can see that you’ve put a lot of thought into this, as well as the amount of work. You should be very proud of yourselves.

The website is looking so good and it’s so easy to use.

14% increased average session duration*

>35% increase number of pages viewed per session*

*Compared to same period the previous year
Engagement

HEALTHINFONET COMES OF AGE – DIGITAL AGE
In September we celebrated 21 years. Not only do we continue to provide up to date relevant evidence based content and knowledge exchange tools, but deliver this in multiple ways and formats.

NEW CLIMATE CHANGE SECTION
In October we added to the well-established Environmental Health Portal, a comprehensive section dedicated to climate change. It was launched at the 43rd National Environmental Health Conference in Fremantle.

ANNUAL ADVISORY BOARD MEETING
On the 11th September our Advisory Board members gathered at our annual face to face meeting in Canberra.

NEW PALLIATIVE CARE PORTAL LAUNCHED
Launched at Parliament House on 16 October by Minister Wyatt, the Palliative Care and End-of-Life Care Portal is designed to assist health professionals who provide care for Aboriginal and Torres Strait Islander people, their families and communities and will make the relevant information easily accessible to the workforce to support knowledge-informed decision-making and best-practice care.

Engaged and presented at the Native Title conference.

Exhibited and presented at the QAAMS Forum, APNA conference.

Conducted a workshop at Diabetes Queensland.

Exhibited and presented at the Healing our Spirit Worldwide, exhibited at the NDIS and Mental Health and DAA conferences.

Exhibited and presented at the Nurse Educators conference.

ROUND TABLE MEETING in Melbourne in June. Four of our Victorian based partner organisations were invited to speak about their work which really added to enrich the Roundtable.

- CEO Romlie Mokak – The Lowitja Institute
- CEO Alana Killen - Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG)
- Director Amanda Lawrence - Analysis & Policy Observatory
- Professor Hugh R Taylor AC, Founder - Indigenous Eye Health Unit at the Melbourne School of Population and Global Health

Exhibited and presented at the NATSHWA Symposium.

Exhibited and presented at the AIDA, 2nd National Indigenous mental health and wellbeing Forum and co chaired session at the 2nd National Suicide Prevention, WANADA and AHCWA conferences.

Exhibited and presented at the CDN and Rural Medicine conferences.

Ninti One project meetings AOD reference group meetings.

Conducted a workshop at Diabetes Queensland.
Conferences
Some of the people we met in 2018

INDIGENOUS MENTAL HEALTH AND WELLBEING FORUM PERTH
WA AOD CONFERENCE PERTH
CLOSE THE GAP FOR VISION MELBOURNE
WANADA PERTH
AHCA PERTH
AADANT DARWIN
NRHA 6TH RURAL AND REMOTE HEALTH SYMPOSIUM DELEGATE (PROVIDED BAGS)
ARMS CLOSE THE GAP CONFERENCE CANBERRA DELEGATE (PROVIDED BAGS)
APHA BRISBANE
DAA SYDNEY
AUSTRALIAN AND NEW ZEALAND ADDICTION ADDICTION CONFERENCE GOLD COAST (WE ALSO PRESENTED)
nurse Educator’s conference MELBOURNE
Native Title conference BROOME
RURAL HEALTH WEST ABORIGINAL HEALTH CONFERENCE PERTH (WE ALSO PRESENTED)
MENTAL HEALTH NURSING PERTH
43RD ENVIRONMENTAL HEALTH PERTH (PRESENTED AND LAUNCHED THE NEW CLIMATE CHANGE SECTION)
AIDA PERTH
RURAL MEDICINE DARWIN
NIDAC ADELAIDE
IAHA SYDNEY (LAUNCHED THE FILM PROJECT WITH IAHA)
HEALING OUR SPIRIT WORLDWIDE SYDNEY
2ND AUSTRALASIAN FASD PERTH
NDIS MELBOURNE

Above: Delegate at the AIDA conference
Right: Uncle Mick Adams and delegate at the Indigenous Mental Health Forum
Below: Michelle Elwell presenting at the QAAMS Workshop
Below middle: Millie Harford Mills presenting at an Environmental health conference

Left: Delegate at the 2nd Australasian FASD conference
Left below: Avinna Trzesinski presenting at Know Injury Matters Forum
Below: Michelle Elwell presenting at the QAAMS Workshop
Below middle: Millie Harford Mills presenting at an Environmental health conference

Above: Lyn Dimer at the Aboriginal Rural Health West conference
Left: Delegates at the Australia New Zealand Addiction conference
As part of our knowledge exchange focus, we now have a dedicated Social Media Coordinator, Emily Lloyd.

The HealthInfoNet’s Social Media Review report was delivered in June and a part time Social Media Coordinator was appointed. The role has involved developing and implementing an operational social media plan based on the outcomes of the review.

Emily joined us in August and has conducted a thorough review of the social media channels used in the sector as well as evaluated the channels we currently use. For some years now we have been using LinkedIn, Twitter, YouTube and Facebook. We now have a targeted social media strategy going forward that is designed to deliver the most effective knowledge exchange outcome for our users. Emily will also be responsible for instigating a new social media platform that will best serve our yarning place members.

The operational plan was delivered in September 2018. A key recommendation and focus of the operational plan, is to develop social media as a knowledge exchange tool to assist the HealthInfoNet in becoming a centre of excellence in knowledge exchange in Aboriginal and Torres Strait Islander health.

Social Media

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Our Partners

We welcomed three new partners in 2018. Partnerships are vital to the work of the HealthInfoNet, and we collaborate with a wide range of organisations and individuals. Most of our partnerships are informal, but the HealthInfoNet has formal agreements with many organisations.

Australian Association of Social Workers WA are the professional representative body of social workers in Western Australia. AASW (WA) is an active Branch with over 900 members and growing.

Hitnet is an innovative Australian ‘Communication for Development’ company that builds the smart digital ecosystems needed to reach and engage the most marginalised of people. Hitnet empowers marginalised communities by co-creating culturally rich information and delivering it across an integrated digital platform.

Australian Indigenous HealthInfoNet

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NCCRED
National Centre for Clinical Research in Emerging Drugs.

A new centre bringing clinicians and researchers together to find and share new treatments that can make a difference to people’s lives. The aim is to support clinicians to detect and respond to new drug health problems.

If you would like to be added as a partner please contact us at info@healthinfonet.org.au

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New Art

The artwork featured on our website is very important to us. By featuring a wide variety of Aboriginal and Torres Strait Islander artwork, we wish to represent and acknowledge the diversity of our users and be inclusive of the many Aboriginal and Torres Strait Islander cultures throughout Australia. We also want to provide a welcoming and culturally safe place. The majority of the sections of the website have their own distinctive Aboriginal or Torres Strait Islander artwork which helps users to identify which section they are in. The art on our website is ethically sourced; artists are paid for their artwork and copyright permission is obtained to display the artwork.

A selection of art added to our collection this year includes:

This page L-R, top to bottom:

NEW ART

This page L-R, top to bottom:
Mina Mina Jukurrpa (Mina Mina Dreaming) by Sabrina Napangardi Granites, Connections by Nick Adams, Ngapa Jukurrpa (Water Dreaming) - Payans by Chantelle Namphajna Robertson, Tidal Changes by Melanie Robinson, Communities Gathering to Live as One by Melanie Robinson.