Aboriginal and Torres Strait Islander people who do drink alcohol are more likely to drink at levels that are dangerous for their health.

Health and social impacts: alcohol use can lead to many health and social problems [2]

**Physical**
- organ and brain damage
- high blood pressure, diabetes or cancer
- infections
- liver disease
- FASD (fetal alcohol spectrum disorder)
- road accidents

**Mental**
- depression and stress
- mental illness
- sleep problems
- suicide

**Social**
- separation from culture
- unwanted pregnancies
- money problems
- violence

Aboriginal and Torres Strait Islander people were hospitalised 4x more than non-Indigenous people in 2013-2015 [3]

Sources:
3. Australian Health Ministers’ Advisory Council, Aboriginal and Torres Strait Islander Health Performance Framework 2017 report. 2017, Department of the Prime Minister and Cabinet: Canberra.